

A scenic view of Marina Terrace in St. Julian's, Malta, featuring a large palm tree in the foreground, a marina with several sailboats, and a building with arched windows in the background under a clear blue sky.

## FOOD MENU

*Welcome to Marina Terrace, your home by the sea.  
We are glad to have you here!*

Sit back, relax, and let us take you on a culinary journey  
in the most peaceful spot in St Julian's.

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# MEDITERRANEAN CUISINE



## BREAKFAST

### EGGS

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SCRAMBLED (E)	€6,00
PLAIN OMELETTE (E)	€6,00
HAM & CHEESE (E) (P)	€7,50

### TOAST

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HAM & CHEESE (P)	€5,00
WHITE CHEESE & TOMATO	€5,00
AVOCADO & SALMON (F)	€6,00
TURKISH SUCUK & CHEESE	€6,00
ROASTED BEEF & CHEESE	€8,00

### PANCAKE (E) (M) (N)

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WITH BANANA, STRAWBERRY AND NUTELLA	€8,00
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### FRUIT JUICE

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FRESH ORANGE JUICE	€5,00
APPLE & ORANGE	€5,50
APPLE CARROT & GINGER	€5,50
APPLE, BASIL & LIME	€5,50

If you suffer from any food allergy or intolerance please inform our staff before placing your order.  
Kindly refer to the food allergy list on the last page.

# APPETIZER

## PIZZOLI

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<b>PIZZOLO SFIZIOSA</b> (P)	€18,50
Parma ham, buffalo mozzarella, sliced tomatoes, rucola, origano and olive oil	
<b>PIZZOLO PROSCIUTTO</b> (P)	€17,50
Cooked ham, provolone cheese, sliced tomatoes, rucola and oregano	

## FOCACCIA

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<b>FOCACCIA PARMA</b> (P)	€17,50
Parma ham, rocket leaves, cherry tomatoes and burrata cheese	
<b>FOCACCIA RUSTICA</b> (F)	€11,50
Anchovies, sliced tomatoes, pecorino cheese, oregano and olive oil	
<b>FOCACCIA CRUDAIOLA</b> (V)	€12,00
Cherry Tomato, mozzarella di bufala, olive oil, oregano and basil	
<b>FOCACCIA VEGANA</b> (V)	€12,00
Grilled aubergine & courgette, tofu, cherry tomatoes, olive oil, oregano and basil	

## APPETIZER

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<b>PARMIGIANA DI MELANZANE</b> (V)	€15,00
Baked layers of aubergine with tomato sauce, mozzarella, basil and parmiggiano	
<b>TRIS DI ARANCINI</b> (E)	€11,50
Three stuffed rice balls which are then coated with breadcrumbs and deep fried. One of each filling below; Bolognese ragu with peas, Ham and mozzarella (P) Spinach and Mozzarella.	
<b>ARANCINO</b> (E)	€4,50
Choose your filling: Bolognese ragu with peas Ham and Mozzarella (P) Spinach and Mozzarella	



# HEALTHY CHOICE

## SALAD

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<b>AVOCADO CAPRESE SALAD</b> Avocado, mozzarella di bufala, tomatoes and basil oil	€17,50
<b>GREEK SALAD</b> Tomatoes, cucumber, peppers, olive, cheese, cappers and fresh thyme	€13,00
<b>GREEN SALAD</b> (V) Refreshing seasonal greens, onions and fresh herbs	€11,50

## BOWL

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<b>MEDITERRANEAN CHICKEN BOWL</b> (N) Spiced & roasted chicken tenderloin, couscous, rocket leaf, aubergine, courgette, baby corn, cherry tomatoes, pistachio nuts, and Tzatziki sauce	€17,00
<b>CHICKEN POKE BOWL</b> (N) (SE) Deep fried chicken breast, avocado, cherry tomatoes, sweet corn, wakame salad, cashew nuts, spicy sesame, dressing on a bed of sushi rice	€17,00
<b>SALMON POKE BOWL</b> (F) (S) (SE) Premier raw salmon, avocado, cucumber, red onion, carrot, cherry tomatoes, sesame seeds, wakame salad, soy sauce dressing on a bed of sushi rice	€18,50
<b>BEEF POKE BOWL</b> (S) (N) Beef sirloin tip, avocado, cherry tomatoes, aubergine, courgette, wakame salad, carrot, baby spinach, cucumber and chopped hazelnuts, spicy soy sauce on a bed of sushi rice	€18,50
<b>VEGAN POKE BOWL</b> (V) Tofu, avocado, cucumber, carrot, cherry tomatoes, wakame salad, balsamic glaze dressing on a bed of sushi rice	€16,00

# PASTA

## SPAGHETTI ALLA CARRETTIERA

Spaghetti tossed with simple ingredients of garlic, olive oil, red chilli peppers and pecorino cheese

€13,00

## GNOCCHI DI PATATE

With tomato sauce, bufala mozzarella, basil and parmiggiano

€14,50

## FETTUCCHINE ALLA BOLOGNESE

Fettuccine tossed in a traditional bolognese sauce

€15,00

## PENNE AL PESTO <sup>Ⓜ</sup>

Wholegrain penne tossed in basil pesto with cherry tomatoes

€13,50

## LASAGNA TRADIZIONALE

Traditional baked lasagne al ragu

€16,00

## PASTA POMODIRINI

Spaghetti with cherry tomatoes and basil

€12,50

## RAVIOLI AL SALMONE <sup>ⓔ</sup> <sup>ⓕ</sup> <sup>Ⓜ</sup>

Salmon filled ravioli with tomato and panna sauce topped with pistacchio granules

€18,50



Gluten-free pasta option is available <sup>ⓖ</sup>

€3,00

# MAIN COURSE

<b>CHICKEN PROVOLONE</b> (P)	€23,00
Chicken Breast topped with Parma ham, provolone cheese and caramelized onions	
<b>PORK NECK ALLA "MILANESE"</b> (E P)	€23,50
Deep fried Panko breaded capocollo	
<b>SCOTTONA BEEF RIB EYE</b>	€32,50
300 gram top-quality rib eye, served with rucola and cherry tomato salad	
<b>SALMON FILLET</b> (F S)	€24,50
Pan fried on a bed of vegetable couscous and glazed with soy sauce	

*Main courses are served with potato of your choice.*



## EXTRA SIDE

<b>GARLIC AND ROSEMARY PIZZA BREAD</b>	€3,00
<b>MIXED SALAD</b>	€3,00
<b>TOMATO &amp; ONION SALAD</b>	€3,00
<b>FRENCH FRIES</b>	€3,00
<b>SAUTEED POTATOES</b>	€3,00
<b>SWEET POTATO FRIES</b>	€4,00

# PIZZA

<b>REGINA MARGHERITA</b> Tomato sauce, cherry tomato, mozzarella di bufala, olive oil and basil	€16,00
<b>CAPRICCIOSA</b> (E) (P) Tomato sauce, mozzarella fior di latte, mushrooms, artichoke hearts, eggs, olives and smoked ham	€14,50
<b>MARGHERITA</b> Tomato sauce, mozzarella, fior di latte and basil	€12,00
<b>OTTO PECCATI</b> (H) (P) Tomato Sauce, mozzarella, fior di latte, salami piccante, basil and a hint of chilli	€14,50
<b>CONTADINA</b> (P) Mozzarella fior di latte, mushrooms, bacon and provola cheese	€16,00
<b>PIZZA TONNARA</b> (F) Tomato sauce, mozzarella, fior di latte, tuna, anchovies, onions, capers and olives	€15,00
<b>QUATTRO FORMAGGIO</b> Mozzarella di bufala, provolone, Grana Padano and gorgonzola	€16,00
<b>CALZONE</b> (P) Mozzarella fior di latte, ham, mushrooms and tomato sauce	€14,50
<b>GORGONZOLA</b> (N) (P) Mozzarella fior di latte, gorgonzola, pancetta, topped with rucola and walnuts	€16,00
<b>GAMBERI &amp; ZUCCHINE</b> (C) (H) Mozzarella fior di latte, shrimps, courgettes, garlic, confit cherry tomatoes and chili	€17,50
<b>VIVA MALTA</b> (P) Tomato sauce, mozzarella fior di latte, sundried tomatoes, Maltese sausage, goat's cheese, black olives and caramelized onions	€16,50
<b>PATATE &amp; SALSICCIA</b> (P) Mozzarella fior di latte, roasted potatoes, sausages and auricchio cheese	€16,00
<b>PARMIGIANA</b> (V) Tomato sauce, mozzarella di bufala, aubergines, grana shavings and fresh basil	€16,00
<b>CARBONARA</b> (P) (E) Mozzarella fior di latte, guanciale, eggs, grana shavings and black pepper	€16,50

*Gluten-free pizza dough is available* (GF)

€3,00

# PIZZA

## VEGGIE <sup>V</sup>

Mozzarella fior di latte, courgette pesto, grilled courgettes, spinach, confit cherry tomatoes, and caramelized onions

€15,00

## PISTACCHIOSA <sup>P</sup> <sup>N</sup>

Pistachio pesto base, mozzarella fior di latte, crispy guanciale, grana shavings and pistachio crumbs

€18,50

## RUCOLETTA <sup>P</sup>

Tomato sauce, mozzarella fior di latte, Parma ham, topped with rocket leaves and grana shavings

€17,50

## BRONTE <sup>P</sup> <sup>N</sup>

Pistachio pesto base, mozzarella fior di latte, salami piccante, gorgonzola, cherry tomatoes and pistachio crumbs

€18,50

## AMERICANA

Crispy chicken breast, mozzarella fior di latte, caramelized onions and bbq sauce

€16,50

## TARTUFELLA <sup>P</sup>

Mozzarella fior di latte, truffle paste, Maltese sausage, spinach and mushrooms

€17,50

## MORTADELLA <sup>P</sup> <sup>N</sup>

Mozzarella fior di latte, mortadella, burrata cheese, pistachio pesto and pistachio crumbs

€17,00

## BURGER

### QUEEN OF BURGERS

Homemade Beef patty, toasted brioche bun, brie cheese, house dressing, caramelized onions, rocket leaves and sundried tomatoes

€18,50

### CHEESE BURGER

Homemade Beef patty in toasted brioche bun, house dressing, cheddar cheese, salad and fries

€17,00

### CLASSIC BURGER

Homemade Beef patty in toasted brioche bun, salad and fries

€16,50





# FRESH BAKERY

## BAGUETTE

### FISHERMAN'S BAGUETTE (F)

Tuna chunks, mozzarella di bufala, served with lettuce, onion, tomato, olive oil and fresh basil

€11,50

### CHICKEN BAGUETTE

Slow cooked chicken breast, porcini mushrooms cream, provolone cheese, caramelized onions and lettuce

€12,00

## PANINO BAKED IN HOUSE

### STEAK & CHEESE (E)

Sliced steak, fried egg, mayonnaise, caramelised onion, cheese and lettuce

€17,00

### VEGGIE (V)

Avocado, baby spinach, mayonnaise, tomato and cheese

€12,00

*Extra ingredients may added a charge; Fried Egg, Bacon, Italian Mozzarella, Gorgonzola, Caramelized Onions, Mushrooms, BBQ Sauce for more options, please ask your waitress.*



## KIDS CHOICE



### PIZZA WUDY

Tomato sauce, mozzarella fior di latte and wudy sausage

€9,00

### SWEET PIZZA

#### NUTELLA

#### RICOTTA & NUTELLA

#### PISTACCHIO & NUTELLA (N) (extra €2)

€8,00

### MINI CHEESE BURGER

Homemade mini beef burger, toasted bun, cheddar, salad, tomatoes, mayonnaise

€11,00

### CRUNCHY CHICKEN BREAST (E)

Homemade breaded chicken breast, served with French fries

€11,50

### FRESH SALMON DELICE (F)

Salmon fillet served with French fries

€12,50